

Newsletter: Week of October 5th, 2026

Congratulations to **Daniel Nieto**,
Our September
8 Ball Tournament **WINNER!!**
The next Billiard Tournament is on
Friday, October 16th at 9am
Sign-up sheet located in
the Recreation Room.



Congratulations to **Frankie**,
Our September
9 Ball Tournament **WINNER!!**
2nd Billiards Tournament for the
month of October will be on Friday,
October 30th at 9am
Sign-up sheet will be located in
the Recreation Room.

General Technology Assistance: with Mitchell Calvin



- Need help with your phone, tablet or laptop??
- **Will meet in October on the 6th and 20th**
from 2pm-3pm
In the Classroom
- No Sign up required



More Information :

jonesboroughtn.org

(423) 753-4781



307 East Main Street
Jonesborough, TN 37659

Preserving Your Future Today!



Mid
South
Financial Group

BRIAN D. COGGINS

Licensed Insurance Agent

423-913-2691

coggins1brian@gmail.com

268 Christian Church Rd | Johnson City, TN

Medicare • Life • Annuities • Dental/Vision/Hearing • A.C.A.
Cancer/Heart Attack/Stroke • Long Term Care • and More!



COME JOIN US FOR
MEDICARE 101
A FREE, EDUCATIONAL MEDICARE WORKSHOP

Come join us for a fun, **FREE, EDUCATIONAL ONLY** class on Medicare!
Our class will be held on October 6th at 10am or 5:30pm. This class is designed to teach you the A, B, C's & D's of Medicare. You will leave with a good knowledge of how Medicare works, what type of plan is best for you, and hopefully have a few good laughs along the way!
There will be no products sold at this class.

TOPICS COVERED

- Changes to Medicare this year
- Medicare Supplement vs. Medicare Advantage
- What is Medicare & how do I enroll?
- Answer any questions you may have

Tue October 6th
at 10am & 5:30

Jonesborough SR Center
307 E Main St.
Jonesborough, TN 37653

RSVP PLEASE
In order to help us prepare for food, please RSVP by calling or texting Savanna at 423.943.7725 or email workshops@assuresource.com

Refreshments will be served.

Brought to you by:
MEDICARE MADE PLAIN

Scan for some videos of our training sessions




• **Friday October 9th**
Bus will leave at 8:30am
Lunch will be on your own
downtown Bristol
Bus will load up to return to
Senior Center 3:30pm
Cost is \$8 for transportation
No Entry Fee to the Tournament

**Wednesday,
October 7th**
From 10AM-11:30AM
**Presented by Mid-South
Financial Group.**
**Sign up at the Front
Desk.**



Lunch is Served at 11:30am
Every Wednesday
Meals are \$5

Food is better when we eat together!



**Jonesborough
Senior Center**
Your place to be "Active, Fit and Connected"

Hiking Group
Thursday, October 22nd
Bus leaves at 8:30AM

Spooky/ Mystery Hike

?

Cost: \$12 due at sign-up.
2.5 miles, moderate out and
back trail.
(Walking stick recommended)

Lunch will be picnic provided by
the Center

• **Preserving Your Future Today!**



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October 7th
**Sign up in Dining
Room**

- **Brat w/ Kraut Sandwich**
- **German Fried Potatoes**
- **Fruit**