

Newsletter for  
the week of  
March 25<sup>th</sup>, 2024



# Jonesborough Senior Center

Your place to be "Active, Fit and Connected"

Accredited by  
National Institute of  
Senior Centers



**Veterans Meet & Greet**  
**1st Thursday each month**  
**at 9:30am in the classroom.**  
**Doughnuts provided by**  
**Dillow-Taylor & Coffee**  
**provided by the Senior**  
**Center.**

**Next Meeting is scheduled**  
**for**  
**April 4th**



Vietnam Veterans  
of America



Army Survivor Outreach



JC/WC Veterans  
Memorial Foundation



**BRIAN D. COGGINS**

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Medicare : Life : Annuities

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Preserving Your Future Today

# SPRING HEALTH

**Spring Expo & Health Fair**  
**Wednesday, April 24<sup>th</sup> 2024**  
**9:00am – 12:00pm**  
**Jonesborough Senior Center**  
**(423) 753-4781.**  
**No Charge for Attendees. Open to**  
**the Public.**

**More than 30 vendors will be on**  
**hand at the Jonesborough**  
**Senior Center, with useful**  
**information, free giveaways,**  
**door prizes, interactive booths**  
**and so much more. Mark your**  
**calendar and plan to attend!**



BARTER  
THEATRE



**RING  
OF FIRE**  
**THE MUSIC OF  
JOHNNY  
CASH**

Created by Richard Maltby, Jr.  
Conceived by William Meade

BARTER THEATRE  
1939  
Gillian  
STAGE

## Barter Show & Lunch

- **Thursday, April 18<sup>th</sup>**
- **Buses Depart at 10 am**
- **Price: \$65 – includes transportation and show**
- **Lunch before the show at JJs in Abingdon**

Abingdon

**JJs Restaurant**

AND SPORTS BAR





# Instructional Pickleball at LINCOLN PARK

**Tuesdays at 10 AM – Starting  
April 2<sup>nd</sup> through October.**

**There is no sign-up required.** The experience is best with around six people participating, to allow the maximum amount of playing time per person.

## LIBRARY TECHNOLOGY CLASS



**Wednesday March 27<sup>th</sup>  
at 10 am**

**Presented by the Jonesborough  
Library**

**The March class will be on  
Creating a Resume.**

**Android tablets are provided,  
attendees are welcome to  
bring their own devices.**

**Sign up at Front Desk**

**DEADLINE TO SIGN UP is SUNDAY, March 24<sup>th</sup>.**

**Sign up in person or by calling 423-753-1080 and leave a voice mail.**



**Wednesday**  
• March 27<sup>th</sup>  
• 11:30 am  
• \$5

• French Toast  
Casserole  
• Bacon  
• Fruit

