Advanced Hiking Group "RED LINER'S"

Thursday, June 12th
Bus leaves at 9:00AM

Purchase Ridge trail (4 Mile round trip, Moderate hike) plus ride the Lift down to the Natural Tunnel. A Picnic Lunch will be provided by the Senior Center.

Cost: \$15.00 due at sign-up. (covers transportation, parking fees, lift ride and picnic lunch)

Sign up at front desk. (<u>Please do not</u>
<u>sign up for any Red Liner's hike, if</u>
<u>you are not an Advanced Level</u>
Hiker)



Natural Tunnel State Park, in Duffield, VA







Your place to be "Active, Fit and Connected"

More Information:



(423) 753-4781

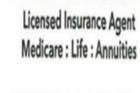


307 East Main Street Jonesborough, TN 37659



jonesboroughtn.org

BRIAN D. COGGINS



268 Christian Church Rd Ste 5 Johnson City, TN 37615

(423) 913-2691 office (423) 737-4558 cell coggins1brian@gmail.com

Preserving Your Future Today

Newsletter for the week of June 9th, 2025

Johnson City Doughboys
Tickets for Sale. The Town is
sponsoring for the night of
June 28th (the tickets are valid
for any game) The GAME for
that evening features the
Doughboys VS the Bristol State
Liners starts at 7pm at the TVA
Credit Union Ballpark located
at 111 Legion St Johnson City.
Town of Jonesborough is the
sponsor for this night.
Transportation not provided.





- \$8 per ticket (tickets regularly sell for \$10 each)
- Tickets can be purchased at the front desk of the Senior Center.
- We have just over 30 tickets available to sell.

Early Membership Renewal will begin on Monday, June 16th, and run through Monday, June 30th.

After June 30th your membership will no longer be Active.

Annual Membership runs from July 1st through June 30th EACH YEAR.

Staff will be on hand to process renewals from 8am-12pm

[no applications will be processed from 12pm-1pm]

Staff will be available to resume processing applications from 1pm-4pm

2025-2026 Membership dues are as follows:

Jonesborough Town Resident: \$20.00

Washington County Resident: \$30.00

Residents Outside of Washington County: \$40.00

Dues may be paid in person with <u>cash or</u> <u>check only</u> (make checks payable to <u>Jonesborough</u> <u>Senior Center</u>).

You must go online if you wish to pay with a credit card @ www.jonesboroughtn.org.

If your membership dues are covered by your Medicare Insurance and you have no changes in information on your application nor any changes in your Insurance itself, you can simply call the front desk at 423-753-4781 to renew.

Identity Theft

Bank Fraud

Prevention Class

Wednesday, June 18th 9:30am

Presented by Lisa Friday

Renasant Bank Branch Manager
Jonesborough, TN

Sign up at Front Desk 753-4781
Will be held in the Classroom

Meals on Wheels is always willing to accept new volunteers.

Route drivers currently needed for the 2^{nd,} 4th, and 5th (if applicable) Monday of each month for the Gray route.



MEALS ON WHEELS
NORTHEAST TENNESSEE

If you would like to volunteer 1-2 hours of your time each month, to help those in need; call, or stop by and

the Nutrition Coordinator at 423-753-1080.





- June 11th Sign up in Dining Room
- Apple French Toast Casserole
- Sausage Patty
- Salad Greens