

Newsletter: Week of July 27th, 2026

Coin Club with Terry Garner

Next Meeting is

Tuesday, July 28th

At 3:30pm in the Classroom

**Meets Monthly on the
4th Tuesday of each month**

LaZoom



LaZoom Comedy Tour "Hey Asheville"

- ❖ **Wednesday, August 12th**
- ❖ **Cost: \$80 covers ticket and transportation and gratuity for Comedy Bus employees**
- ❖ **Buses will leave Senior Center at 10AM**
- ❖ **Lunch TBD (lunch cost not covered in price of ticket and transportation)**
- ❖ **Show starts at 2PM**
- ❖ **To ensure a great experience for you and other guests, please review our Audience Code of Conduct before your arrival.**
<https://www.lazoomtours.com/codeofconduct/>
- ❖ **Sign-Up required at front desk**
- ❖ **Cost is Due at sign up**
- ❖ **Deadline to sign up is Friday, August 7th.**

SENIOR SWIM NIGHT



\$5 per person: Open to the community ages 50 and up. Please prepurchase tickets at the Senior Center front desk, so the Wetlands staff will know how many to expect, for scheduling purposes. NO children will be allowed that evening.

- ❖ **Tuesday, August 18th at 6PM-8PM**
- ❖ **Cost: \$5**
- ❖ **Sign-up and purchase tickets at front desk of the Senior Center**
- ❖ **Cost is due at sign-up**



More Information :

jonesboroughtn.org

(423) 753-4781



307 East Main Street
Jonesborough, TN 37659



**American
Red Cross**

Northeast Tennessee Chapter

COMMUNITY BLOOD DRIVE

**Every Drop
Counts: Be a
Lifesaver Today!**

Join us in making a difference in the Washington County. Your act of kindness could be the reason someone gets a second chance at life.

**August 10, 2026
starts at 1:00 pm**

Jackson Theatre
121 W. Main Street
Jonesborough, TN



scan to pre-register



More information

lorip@jonesboroughtn.org

423.788.4913

Café Connection



Lunch is Served at 11:30am
Every Wednesday

Meals are \$5

Food is better when we eat together!



**Jonesborough
Senior Center**

Your place to be "Active, Fit and Connected"



**July 29th
Sign up in Dining
Room**

- Brat & Kraut Sandwich
- Macaroni Salad
- Fruit



Class to be led by Doreen Accoglio

- Thursday, August 6th
- **Choice of One:** 12 in. wooden "Fall" door hanger
- \$25 paid to instructor (paint, wood and glue to be supplied)
 - Limit 12 participants
 - 9:00am-10:30am
 - In the Arts & Craft Room
- Sign up at front desk by 7/30/26

FREE MEDICARE EDUCATION SEMINAR

**Wednesday,
August 12th
From 10AM-11:30AM
Presented by Mid-South
Financial Group.
Sign up at the Front
Desk.**

Live in Control

Managing Diabetes Together

Weekly Meetings 9 am - 11:30 am
starting Tuesday, July 28th

Jonesborough Senior Center
(Arts & Crafts Room)



Week 1 - Tuesday, July 28th at 9 am
Steps to Control Diabetes

Week 2 - Tuesday, August 4th at 9 am
Safe Blood Glucose Levels

Week 3 - Tuesday, August 11th at 9 am
A Healthy Eating Plan

Week 4 - Tuesday, August 18th at 9 am
Power to Control

Call (423) 975-2280 for more information.



Washington County
Health Department



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❖ **Sign-Up required at front
desk 423-753-4781**

❖ **Limit of 15 participants**