



Jonesborough Senior Center Updated Plan

The Jonesborough Senior Center reopened October 14th, 2020, with limited activities and all activities by appointment. The senior center has continued to work closely with the Town of Jonesborough and the First Tennessee Area Agency on Aging and Disability, to effectively communicate with members regarding the COVID-19 safety protocols while at the senior center. As of Monday, May 10th, the Jonesborough Senior Center will extend the hours and be open 8-5 Monday-Friday. The number of participants allowed per activity will increase to 50% occupancy. Members will be required to observe all COVID-19 safety protocols, including mask wearing.

Implementation: Ensure that all persons, including employees, members, and vendors remain at least six feet apart to the greatest extent possible. The center will continue to require masks upon entry and in the common areas; to include bathrooms, hallways and in interactions that are closer than six feet, in an effort to keep members safe. Members will continue to have their temperatures taken and will now use their Co-pilot card and the touch screen to sign themselves in. Members are permitted to remove their mask once in the class or activity for which they are participating as long as they maintain six feet from others. The center will continue to provide hand sanitizing stations throughout the center. Signage will continue to be posted encouraging safe social distancing and good handwashing practices. The center provides reusable masks, available upon request. The staff will continue to provide regular sanitization of high touch areas, such as counters, equipment, screens, doorknobs and restrooms throughout the center. We continue to request that anyone who exhibits any symptoms such as fever, diarrhea, nausea, vomiting, new loss of taste or smell to not enter the center.

Front Lobby and Reception: The Center will continue to provide one door entry and one door exit on opposite sides in the lobby. There will be no two-way traffic through same set of doors. A crowd control barrier is set up in the lobby to keep the in and out traffic separate.

Staff offices: No members will be permitted in the staff office area. Staff will come to the member, regarding questions, concerns, etc. Staff will wear masks at all times when they are interacting with members or other coworkers and six feet distance cannot be maintained.

Programming: Members will still need to pre-register at the front desk, in order to maintain 50% occupancy. Groups that cannot maintain six feet, will be required to keep their mask on in an effort to keep others safe.

The Fitness center will continue to maintain the six feet distancing with equipment use. All participants are asked to wipe down all equipment after they use it, with a sanitizing wipe. The fitness center is sanitized by a staff person every 45 minutes. The fitness classes will now increase to 50% occupancy, while still implementing six feet distancing. The center will continue to encourage proper handwashing prior to participating in any activity, class, or program, upon entry and exit of that program. Participants will be responsible for wiping down all equipment used for their class. The center will no longer furnish the use of mats or bolster pillows, members will need to provide their own equipment or the instructor will ensure that borrowed equipment is effectively sanitized.

Card games and board games are allowed up to 50% occupancy. Groups that cannot maintain six feet distancing will be required to wear a mask. The center will encourage everyone to wash hands or sanitize their hands prior to and after the activity.

Water fountains are not available at this time, only the bottle filling station. The coffee bar will not be available at this time. If coffee is provided for a program, a staff member will be responsible to distributing refreshments and then removing all self-serve drink dispensers.

The Billiard Room will continue to be available two members per table at a time. Members will need to provide their own pool stick and will need to wipe down the balls, and rack after they are done. Increased sanitization efforts will be maintained. There will be no pool tournaments at this time. If a member has to borrow a pool stick from the center, a staff person will be responsible for sanitizing it.

The Wellness Resources Center will continue to allow only two people in the waiting area prior to meeting with a staff member, or massage therapist. The reception desk has a glass divider for member and staff safety. All members and staff will be required to wear masks during health checks with the nurse and massages. All equipment will be sanitized between appointments and linens changed, as per the normal massage procedure.

Additional Programming: The MyRide program will continue to implement as follows; the driver and rider will each wear a mask and the driver will sanitize the space before and after the ride. The driver and rider will continue to be screened by the Transportation Coordinator who verify that all are symptom free. The drivers will be provided sanitizing wipes, hand sanitizer and masks.

The Meals on Wheels Program will continue as it has, with drivers being provided masks for themselves and leaving food on the door handle, as long as someone is home.

Any additional updates will be provided through emailed newsletters and Facebook.

If you have a group that is interested in returning to the center, please contact Allen Weems, Program Director 423-753-1083.

Respectfully,

Mary Regen, Director