

BOOK CRAZIES

April 16TH
10 AM

Jonesborough Author To Speak at
Senior Center

Jonesborough Author Barry Blair will speak to the Jonesborough Senior Center book club, the Book Crazies, on April 16, at 10:00 AM.

Blair, author of four books, will discuss his latest novel, "The Biggest of Lies." Blair previously has written "Unwound", "All for a Song", and "Superdeaths." He has also written for "Grid Greats" magazine and "Sports Collectors Digest" Magazine. His baseball novel "Unwound" is in the library of the Baseball Hall of Fame in Cooperstown, NY.

All of Blair's novels take place in Tennessee and include Jonesborough, Nashville, and East Tennessee.

He is a graduate of East Tennessee State University and currently makes his home in Jonesborough.

Massage Therapy

Each Tuesday & Thursday
\$30.00 half hour
\$60.00 one hour
\$85.00 90 minutes



More Information :



(423) 753-4781



307 East Main Street
Jonesborough, TN 37659



jonesboroughtn.org

Olde Towne Pharmacy

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Newsletter for the week of April 14th, 2025

COME SCRAP WITH ME

Let's get those precious photos off the phone and preserve them in albums for future generations to enjoy. It's so rewarding in many ways!



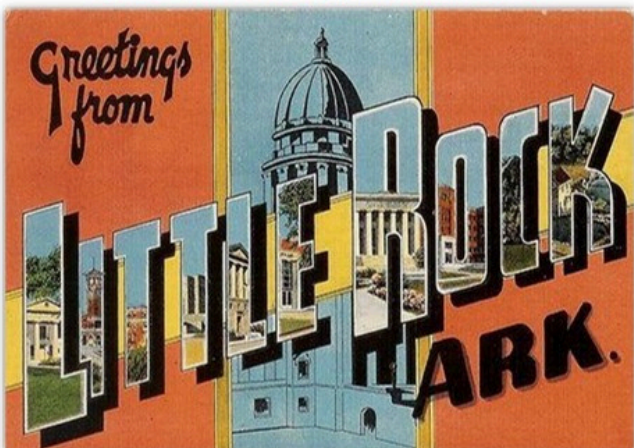
Tuesday mornings 9-11am



"Walk Across America"
April 1 - May 30, 2025



625 miles = 83,333 TOTAL steps to reach Little Rock, AR.



Report your steps to the front desk (423-753-4781)

The staff will move your push pin on the map, when you have the steps needed to reach each specified city.

Painting with Tania



"NEST"

Class is beginner friendly!

- April 16th
- 9:30–11:00am
- \$25 paid to instructor
- Includes all supplies
- Acrylic Painting will be 9" x 12"
- **Sign up at Front Desk by 4/9/25**

Café Connection



Lunch is Served at 11:30am
Every Wednesday

Meals are \$5

Food is better when we eat together!



**Jonesborough
Senior Center**

Your place to be "Active, Fit and Connected"



- **APRIL 16th Sign up in Dining Room**
- Taco Casserole
- Seasoned Corn
- Yogurt & Fruit Parfait

SPRING EXPO AND HEALTH FAIR

MEET HEALTH CARE PROVIDERS AND ANSWER HEALTH-RELATED QUESTIONS

WEDNESDAY, APRIL 23 | 9 A.M.- 12 P.M.
JONESBOROUGH SENIOR CENTER

Receive free medical screenings, fitness tests, and screenings.
Chat with healthcare providers from a variety of medical fields!

FOR MORE INFORMATION PLEASE CALL 423-753-4781