

## VICTIMIZATION STATISTICS

- Every two minutes, somewhere in America, someone is sexually assaulted. Every six minutes, a rape is reported.
- One out of every six American women have been the victims of an attempted or completed rape in their lifetime.
- The average rape lasts 2-4 hours.
- Approximately 66% of raped women knew their assailant.
- Approximately 48%, of victims are raped by a friend or acquaintance, 30% by a stranger, 16% by an intimate, 2% by another relative, and in 4% the relationship is unknown.
- About four out of ten sexual assaults take place at the victim's own home. Two in ten take place in the home of a friend, neighbor, or relative. One in ten take place outside, away from home. And about one in twelve take place in a parking garage.

## R.A.D.

RAPE, AGGRESSION, DEFENSE  
www.rad-systems.com

“Defense Education increases  
Awareness and provides  
A deeper understanding of  
One's potential”  
R.A.D. Systems

- Nationally recognized standard for women's self-defense.
- Realistic and dynamic hands-on training
- Free lifetime return and practice policy.

“Women must not depend on the  
protection of man but must be taught to  
defend herself.”

Susan B. Anthony 1871

## JONESBOROUGH DEPARTMENT OF PUBLIC SAFETY



## BASIC PHYSICAL DEFENSE SYSTEM

# INSTRUCTORS

Craig Ford Director of Public Safety  
Serving Since 1985  
RAD Instructor Certified  
Brown Belt in Tae Kwon Do

Natalie Hilton, Major  
Serving Since 2002  
RAD Instructor Certified  
RAD Kids Instructor

Chad Proffitt, Sergeant  
Serving Since 1996  
RAD Instructor Certified



Jonesborough Department of Public Safety  
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423-753-1053  
423-753-1072 fax

# Class Schedule **August 24, 25, 26 2010**

Tuesday Aug 24, 5:30-8:30 pm

Wednesday Aug 25, 5:30-8:30 pm

Thursday Aug 26, 5:30-8:30 p.m.

The classes will held at the Jonesborough Visitor's Center and will be 25% classroom and 75% hands-on instruction. Please wear comfortable clothing and tennis shoes.

**Class will be limited to 12 women in order to reduce the instructor/ participant ratio.**

Must be 14 years of age or older.  
**EMPOWER YOURSELF!**  
Enroll in R.A.D.

\_\_\_\_\_ Yes! I want to enroll in the August classes so I can learn to protect myself.

\_\_\_\_\_ I am not able to attend the August classes but would like information of future classes.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_

Daytime Phone: \_\_\_\_\_

Evening Phone: \_\_\_\_\_

Status: Single Married Widowed Divorced

CLASS IS FREE OF CHARGE

Please detach this page and send to address on instructor page of pamphlet or email above information to [natalieh@jonesboroughtn.org](mailto:natalieh@jonesboroughtn.org)  
Or call Major Hilton at 423-753-1045