

AUGUST 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>8:00 – 9:00 Senior Splash 9:00 Fit Sit 10:30 Senior Aerobics 12:00 Lunch 12:30 Bingo 2:30 Spanish Class 2:45 Choral Practice</p>	<p>3</p> <p>9:00 - Wal-Mart (Old) 10:00 – 12:00 - Bridge Club 12:00 – Lunch 1:30 – Decorative Painting</p> <p>6:30 – Rook Club</p>	<p>4</p> <p>8:00 - 9:00 - Silver Splash 9:00 - 12:00 - Massage Therapy 9:00 - 4:00 - Canasta 9:00 - SilverSneakers MSROM 10:00 – Work on Swatches 10:30 - Senior Aerobics 12:00 – Lunch 12:30 – Gospel Music</p>	<p>5</p> <p>9:00 – 4:00 Canasta 9:00 – Beginner Pinochle 9:30 – Rotographic Class 9:30 – 11:30 Euchre Cards 10:00 – Corn hole Game 12:00 – Lunch 12:30 – Grocery – Ingles</p>	<p>6</p> <p>9:00 – <i>Yard Sales</i> 11:00 - Bible Study 12:00 - Lunch 12:30 - Grocery Store – Whites</p> <p>7:30 – 10:30 - Square Dance</p>
<p>9</p> <p>8:00 – 9:00 Senior Splash 9:00 Fit Sit 10:30 Senior Aerobics 12:00 Lunch 12:30 Bingo 2:30 Spanish Class 2:45 Choral Practice</p>	<p>10</p> <p>9:00 - Hamricks 10:00 – 12:00 - Bridge Club 12:00 – Lunch 12:30 Dr Steve Brown “High Blood Pressure” 1:30 – Decorative Painting</p> <p>6:30 – Rook Club</p>	<p>11</p> <p>8:00 - 9:00 - Silver Splash 9:00 - 12:00 - Massage Therapy 9:00 - 4:00 - Canasta 9:00 - SilverSneakers MSROM 10:00 – Work on Swatches 10:30 - Senior Aerobics 12:00 – Lunch 12:30 – Gospel Music</p>	<p>12</p> <p>9:00 – 4:00 Canasta 9:00 – Beginner Pinochle 9:30 – Kinser Park Picnic Center Staff Cooks 9:30 – Rotographic Class 12:00 – Lunch 12:30 – NO Grocery</p>	<p>13</p> <p>9:00 – <i>Produce Stands</i> 11:00 - Bible Study 12:00 - Lunch 12:30 - Grocery Store – Whites</p> <p>7:30 – 10:30 - Square Dance</p>
<p>16</p> <p>8:00 – 9:00 Senior Splash 9:00 Fit Sit 10:30 Senior Aerobics 12:00 Lunch 12:30 Bingo 2:30 Spanish Class 2:45 Choral Practice</p>	<p>17</p> <p>10:00 – 12:00 Bridge Club 10:00 – Work on Swatches 12:00 – Lunch 12:30 – Christine Minnick “Family Health & Fitness” 1:00 – 3:00 – Computer Class 1:30 – Decorative Painting</p> <p>6:30 – Rook Club</p>	<p>18</p> <p>8:00 – 6:00 – Shatley Springs 8:00 - 9:00 - Silver Splash 9:00 - 12:00 - Massage Therapy 9:00 - 4:00 - Canasta 9:00 - SilverSneakers MSROM 10:30 - Senior Aerobics 12:00 – Lunch 12:30 – Gospel Music</p>	<p>19</p> <p>9:00 – 4:00 Canasta 9:00 – Beginner Pinochle 9:30 – Rotographic Class 12:00 - Birthday Covered Dish Luncheon Jazz Piano by Joan Donovan 12:30 – NO Grocery</p>	<p>20</p> <p>9:00 – <i>Life Care Center/Gray</i> 11:00 - Bible Study 12:00 - Lunch 12:30 - Grocery Store – Whites</p> <p>7:30 – 10:30 - Square Dance</p>
<p>23</p> <p>8:00 – 9:00 Senior Splash 9:00 Fit Sit 10:30 Senior Aerobics 12:00 Lunch 12:30 Bingo 2:30 Spanish Class 2:45 Choral Practice</p>	<p>24</p> <p>9:00 – 1:30 – Hobby Lobby & Ben Franklin w/lunch at Golden Corral 10:00 – 12:00 Bridge Club 12:00 – Lunch 1:30 – Decorative Painting</p> <p>6:30 – Rook Club</p>	<p>25</p> <p>8:00 - 9:00 - Silver Splash 9:00 - 12:00 - Massage Therapy 9:00 - 4:00 - Canasta 9:00 - SilverSneakers MSROM 10:30 - Senior Aerobics 12:00 – Lunch 12:30 – Gospel Music</p>	<p>26</p> <p>9:00 – 4:00 Canasta 9:00 – Beginner Pinochle 9:30 – Rotographic Class 10:00 – Cake Walk 12:00 – Lunch from 4 Oaks 12:30 – Grocery – Ingles</p>	<p>27</p> <p>11:00 - Bible Study 12:00 – <i>Lunch at Olde Towne Dairy Bar</i> 12:30 - Grocery Store – Whites</p>
<p>30</p> <p>8:00 – 9:00 Senior Splash 9:00 Fit Sit 10:30 Senior Aerobics 12:00 Lunch 12:30 Bingo 2:30 Spanish Class 2:45 Choral Practice</p>	<p>31</p> <p>9:00 – Amish Store 10:00 – 12:00 Bridge Club 12:00 – Lunch 1:30 – Decorative Painting</p> <p>6:30 – Rook Club</p>			